

DIY NASP Practice Target



The longest-lasting NASP Practice Target ... Period



10137 Timbercreek Drive
Union, KY 41091
PHONE: 1-800-339-0232
FAX: 1-859-384-2732
EMail: thirdhandman@gmail.com

Building the DIY NASP Practice Target

Materials List

2 Boards 8" x 1" x 36"

2 Boards 8" x 1" x 34 1/2"

2 Boards 1/4" x 1" x 36"

2 Boards 1/4" x 1" x 34 1/2"

Staples, wood glue, 1 1/2" dry wall screws, 55 gallon black trash bag

Steps

1. Predrill holes slightly thinner than the wood screws to be used.
2. Using the 36" boards for the top and bottom, screw to the 34 1/2" boards. Best if glue is used to join the corners (Figure 1)
3. Stand the box up and cut a slot hole in the top of the 36" board in the middle about 3" x 18" (Figure 2)
4. Lay the box on the side. Staple the black plastic bag covering the box on all 4 comers
5. Cover the plastic with 1 blank skin, staple comers first to get them square, then staple every 2" all the way around (Figure 3)
6. Add a bead of wood glue over the staples. Now tack on the 4 trim boards (Figure 4)
7. Flip the target over and repeat steps 4-5-6.
8. Once both sides are finished, stand the target up and remove the 3" x 18" fill board
9. Fill with old clothes. Just wad them up and fill, starting with the corners and work the middle and the top (Figure 5)
10. Put the lid on and Enjoy (Figures 6 & 7)

Thank you for buying American ... Please tell your friends.





Figure 1



Figure 2



Figure 3



Figure 4



Figure 5



Figure 6



Figure 7



Figure 8

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Tips:

Rope handles are inexpensive and work great. After step 3, drill 2 holes on each side 4" apart horizontally, slightly larger than the rope you would like to use. Tie the knot on one end of an 18" piece of rope. Put it through one hole from the inside out and back through the other hole and tie another knot only leaving a couple of inches of slack in the handle. Both knots are to be inside the target. Repeat the same at the same height for the other handle.

Painting Target Frame

Targets look great if properly painted. It is easiest if the frame is painted before the skins are attached.

NASP target faces (not included) are about 31" in diameter. The Practice Target is 36". If you pin a target face on the top left side, you can get well over 1000 shots (Figure 8). Then move the target face to the top right, then to the bottom left and then to the bottom right. Now put the target face in the middle. You should get at least 5000 shots on one side of your DIY NASP Practice Target. Now turn the target and do the same on the back. This will give a young archer well over 10,000 shots.

If this target does have the skins to wear out, instead of throwing away a great target, just reskin it at about 1/10th the cost of a new target.

Another Tip:

2" X 2" X 8" boards glued and screwed to the comers will add a lot of strength to the target.

